

CHILDREN'S MENTAL HEALTH AND WELLBEING



UNIVERSAL OFFER - WHOLE SCHOOL CULTURE

Mental health and wellbeing leaders across the school	Child friendly displays to help children	Enhanced transition sessions for Year 6 children
Progressive e-safety curriculum with regular reminders	Behaviour for Learning policy based on core value of compassion with recognition boards in every classroom	Whole school assemblies to celebrate achievements and learn about culture, values and staying safe
Weekly PSHE lessons following MyHappyMind	Approachable staff with open door policy	Commitment to staff training and continually adapting our school offer
Rich variety and number of extra- curricular clubs	SLT welcoming children to school everyday	Research backed methodology and practices
Clear school values	Growth mindset culture	Worry monsters in every classroom

INTERNAL ENHANCED PROVISION



Parent / staff concerns reported to mental health and wellbeing leads

Meeting with class teacher, parents and a wellbeing lead arranged

Reasonable adjustments made

Mental health and wellbeing assessment using Next Steps cards or ELSA diagnostic resource

Enhanced offer

REASONABLE ADJUSTMENTS

Examples include - adaptations to timetables, lunchtime pastoral club attended, personalised 'meet and greet' in the mornings, seating arrangements

ENHANCED OFFER

Examples include - CAMHs and ELSA resources delivered by teaching assistants, Lego therapy, Next Step sessions, CBT think good—feel good, Homunculi approach

EXTERNAL ENHANCED PROVISION

Speech and Language Therapist support

ADHD Foundation counselling

Wirral's Mental Health Services Team

Thumbs Up

CAMHS

Crea8ing Community
ADDvanced Solutions
School Nurse

Hooves for Healing sessions

