

# Meols Mail

*"Achieving excellence together."*

**13th October 2023**

## News Story of the Week



October is Black History Month in the UK. This year's theme is 'Saluting our Sisters' - highlighting the role Black women have played in shaping history, inspiring change, and building communities in the UK. Commemorations will feature Black women, who have made outstanding contributions to many areas including music, literature, fashion, sport, business, politics, and health care.

### *Things to talk about at home:*

- Share what you already know and understand about Black History Month in the UK.
- This year's theme is 'Saluting our Sisters'. What are some of the ways that you think we could do this?

## GR WITH MINDSET

Year 1	Year 2	Year 3
Charlotte G	Reece S	Orla D
Harper R	George T	Albert S
Year 4	Year 5	Year 6
Zach BP	Sophia B	Theo M
Isabelle D	Halle S	

## *Star of the Week*

Year 1	Year 2	Year 3
Oliver B	Daisy-May M	Bailey B
Ted M	Olivia B	Kaitlyn T
Year 4	Year 5	Year 6
Max M	Lana J	Charlie B
Oscar T	Chloe H	

# Diary Dates

**16th October 2023**

Year 4, 5 and 6 disco - 5.15pm to 6.45pm

**16th October 2023**

RL harvest walk

**17th October 2023**

RE harvest walk

**18th October 2023**

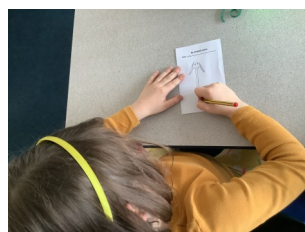
Harvest celebrations

**19th October 2023**

School closes for pupils for half term

## World Mental Health Day

This week, we embraced World Mental Health Day by wearing something yellow, creating amygdala pushers and then doing lots of 'happy breathing' to help wake up the hippocampus and prefrontal cortex parts of our brains to enable us to regulate our emotions.



# Year 6 Residential Trip

Year 6 have had an amazing time at Pentre this week!



## PTA News

Tickets for next Monday's **Year 4, 5 and 6 Disco** are now on sale in the shop tab of [School Money](#). We still need more parents to help at this event, if you are able to do so, [please click here](#) to volunteer. There will be tuck, tattoos, glow sticks and fidget toys available for the children to buy on the night, with prices ranging from 50p to £2. Please note that no mobile phones will be allowed and all children must be collected by an adult.



We will be holding a **Preloved Uniform Sale** in the school hall at next Monday's pick up (16<sup>th</sup> October). Why not pop in and see what's on offer?

## Harvest

Please continue to bring in donations of food next week up until Wednesday.

All donations will be sent to the Charles Thompson Mission.

## School Council



In their first meeting of the year, the school council team started to look at ways we could improve playtimes.



## Attendance - W/C 09/10/2023

The whole school attendance for this week is 97%

What an amazing achievement!

**Egrets**

**97%**

**Sandpipers**

**96%**

**Curlew**

**96%**

**Knots**

**97%**

*Community*

*Teamwork*

*Compassion*

*Diversity*

*Creativity*

*Resilience*